

Grade Two

Students in second grade begin their progression toward locomotor skill patterns. They vary movement patterns and begin to combine skills in educational game, educational dance, and educational gymnastic activities. Progress is apparent in skill development and in understanding key elements of fundamental movement skills, including understanding movement concepts, health-related fitness concepts, and the benefits of physical activity. Students work cooperatively and responsibly in groups and are capable of resolving conflicts. They participate in physical activity within and outside of the school environment.

Skilled Movement

- 2.1 The student will continue to demonstrate correct critical elements (isolated, small parts of the whole skill or movement) of locomotor, non-manipulative, and manipulative skills.
 - a) Demonstrate individually and with a partner the manipulative skills of throwing, catching, kicking, striking, volleying, and dribbling.
 - b) Demonstrate educational gymnastic sequences, including balance, roll, transfer of weight, and flight.
 - c) Demonstrate moving to a rhythm by combining locomotor and non-locomotor skills to perform basic educational folk and creative dance sequences.

Movement Principles and Concepts

- 2.2 The student will apply the basic movement concepts to change performance of locomotor, non-manipulative, and manipulative skills.
 - a) Use the concept of relationships (e.g., *over, under, around, in front of, behind, and through*) in dynamic movement situations.
 - b) Use feedback to improve movement skill performance.

Personal Fitness

- 2.3 The student will identify and participate in physical activities that promote cardiorespiratory, muscular, and flexibility benefits.

Responsible Behaviors

- 2.4 The student will exhibit in physical activity settings cooperative, respectful, and safe behaviors.

Physically Active Lifestyle

- 2.5 The student will identify opportunities outside of school to participate in regular physical activities.